

HIMALAYAN WALK FOR PEOPLE

CREATING SUSTAINABLE PEACEFUL COMMUNITIES TOGETHER



**HIMALAYAN
ENCHANTER**





INTRODUCTION

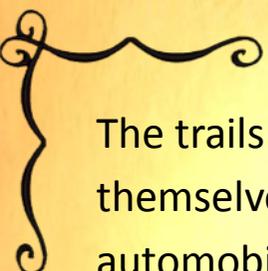
Nepal has been known for the scenic beauty, culture and lifestyle in the world, along with the stories of the brave Gurkha Soldier who fought in the First and Second World War with British and Indian soldier hand in hand; birth place of the lord Gautam Buddha – Light of the Asia; land where the top of the world – Mt Everest resides.

The country with 147,181 sq km area, which average length from east to west is 885 km and average breadth from north to south is 193 km has huge geographical variation with the altitude of 60m to 8848m above the sea level. Most of the part is filled with the hills and mountain whereas smaller area given to the plains. Many large fresh water river of the South East Asia starts from and go through Nepal.

The Late King Prithvi Narayan Shah Dev, Father of the Nation said, “My country is the garden of the 4 castes and 36 sub castes.” With more than 191 ethnic groups presently residing in the country gives a variation in the culture tradition and lifestyle.

A cluster of the village in the mid hills of Nepal which consist of the two major ethnic groups Gurung and Ghale is covered during Himalayan Walk for People – Nepal. People of these villages are among the soldiers who went to the Gurkha regiment for the British and Indian during the various time frames in the history. While the men were away fighting for the peace, women took the charge of the community, kept their family well feed through agriculture, the culture tradition alive by following and celebrating them, and create peaceful environment in the communities with smile in their faces.





The trails explored during the walk are the trails which are used by the local for many centuries to connect themselves to each other among the village and town. Before 1934 A.D people in Nepal had no idea about the automobile and pave roads. It was after that year when the first vehicle was brought in people came to know about it. After all these years still trails are fresh, preserved and used by the villagers for their constant to and fro.

There might be similarities between the villages but still they are so much different from each other. So, while walking, exploring and experiencing these villages and villagers, it will give you an insight on the lifestyle of the people, hear untold stories, feel unsung melodies and unforgotten tradition that has been preserved and carried by them for centuries.

OVERALL GOAL: To explore the nature, experience the culture and lifestyle and encourage to preserve and promote culture

MISSION STATEMENT: To create resilient, sustainable and Peaceful Nepal

WALK EVENT THEME: Creating sustainable peaceful communities together

PASSION STATEMENT: Learning from sharing, exploring and experiencing

OBJECTIVE OF WALK: **Building bridge between culture**

During the hiking/walk from one village to another, all the participants will be designated to a family of that community every night responsible for their accommodation and meals. This will give the participants ample opportunity to get familiar with local people and experience their lifestyle, culture





and customs. Every evening, participants will gather around the designated place in the community where the folk dance, stories and interactions with other people will be done.

Adding Value to the local community of the Nepalese People

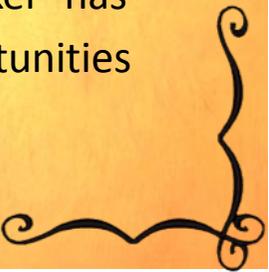
- Alternative source of income

A community can gain a positive development when there is source of sustainable revenue generation. Majority of people in Nepal are still dependent on the agriculture and the revenue generated by it is very nominal affecting the sustainable growth of the communities. Since the improvements in the irrigation facilities haven't improved a lot in the recent decades, people are still dependent on the traditional means of agriculture. But, the natural beauty which most part of Nepalese communities have are immeasurable, and the unique set of customs and culture people follow are something that can boost the tourism in this area. By boosting the tourism possibilities in the area we will be creating an alternative form of revenue generation adding on the revenue generated from the agriculture.

Through the home stay, the locals will provide 'the participants' their warm hospitality and insight to their lifestyle and culture; in return locals will gain additional income which help them to raise their living standard in sustainable way.

- Human capital flight control

'Youths leaving their home and going to other nation as a migrant worker' has increased rapidly due to minimum benefits return from the agriculture and lack of employment opportunities





to sustain their basic needs. Hence, through the development of the tourism and additional income generated we can control and utilize that human force for the betterment of the community as well.

In short we will be creating a revenue generation activities to the community, retain youths in the community and create a sustainable environment.

BENEFITS OF HIMALAYAN WALK FOR PEOPLE – NEPAL:

Himalayan Walk for People will create a three dimensional benefits i.e. for participant, local community and Peace For People.

Participants: The benefits which participants can gain from the MasterPeace Walk are:

- Culture, customs and lifestyle of the hilly region of Nepal
- Experience the mesmerizing natural beauty and majestic Himalayas
- Knowledge and taste of the local cuisine
- Knowledge of the history, art and architecture and social norms and value of the Nepal

Local Community

- Promotion of the destination
 - Employment opportunities
- 



- Revenue generation

Peace for People Nepal

Our travel partner Himalayan Enchanter has announced that 2016 and 2017 will be the charity year i.e. beside the basic cost all the revenue generated by the company in these years will be utilized as the resource to support the ongoing projects of Peace for People like Foundation for education, Women Empowerment project, Scholarship Projects and other. In this initiative of Himalayan Enchanter, Peace for People is their social partner. Hence this will help us to create more impact on our ongoing social projects.



ABOUT GURUNG - GHALE COMMUNITY TRAIL

The world is well aware about the bravery and valor of The Gurkha Soldiers. Among them the bravest of the brave are Gurung people of central Nepal with 6 Victoria crosses attached to their names. Legends date back their history to more than 8000 years ago, then, they lived in Mongolia in nomadic lifestyle. On the verge of their migration they crossed the Himalayas and settled on the southern lap of central Himalayan range following the start of CE. With their distinctive tradition, dresses, dances, festivals, food, music backed by several myths of origin and practice makes them one of the rich cultures among more than hundreds of ethnic group of Nepal. With their various aspects of culture and traditions it will for sure be able to excite and sooth all your sensory elements.

Ghatu and Chudka are some of the most important traditional dances of Gurungs whereas Rodhi is kind of modern Discotheque where young people assemble sing and dance, socialize, perform communal tasks and also find marriage partners. Talking about the religion basically they follow Buddhism with the touch of animistic historical Tibetan Bon religion.

This trip is based on witnessing and experiencing Gurung culture and tradition, for which the trip has included all the major Gurung villages and the biggest of them, 'Bhujung village' backed by the magnificent experience of trekking along the mountainous/hilly area and never being apart from the eye candy snowy peaks of Himalayas towering at the height of 8000m from sea level.

HIMALAYAN WALK FOR PEOPLE - EVENT DETAILS

TOTAL NO. OF DAYS:

9 Nights/ 10 Days

DESTINATION:

Kathmandu valley: 2 Nights



Kathmandu valley is our entry point to the Himalayan country – Nepal. Valley consist of three cities under its belt i.e. Kathmandu (Capital City), Lalitpur and Bhaktapur respectively, collectively known as the Valley of Art and Architecture . Our stay in the valley will be during the arrival day and day before our departure. During the 1st day of the arrival you will have small interaction program in the premises of the Hotel with the participants and brief on what you will be doing in forth coming days of event. Whereas in our 2nd visit to the Kathmandu valley you will explore one of the UNESCO world heritage site, share our experience over the dinner and conclude the event.



Besisahar: 1 Night

Besisahar is the small town which links the near by villages of the hills and is also gateway to the famous trekking trail of Throng-la. It lies in the bank of the Marshyandhi river and provides the scenic and natural beauty of the near by hills. During the second night of the journey you will be exploring and experiencing besisahar.



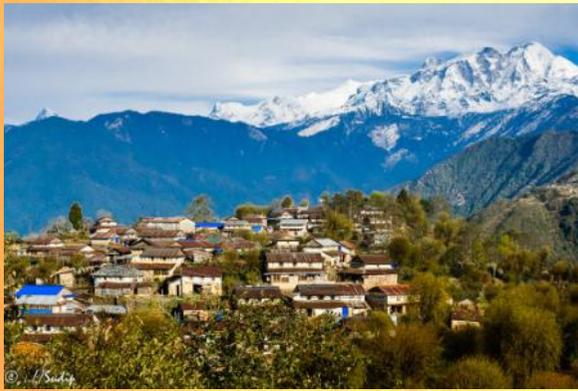


Gurung – Ghale Trail: 4 Nights

Gurung –Ghale trail consist of 4 villages i.e. Ghale Gaun, Bhujung, Pasagaun and Pakhurikot respectively, which we will cover through walk. In the 3rd day of the event after breakfast at Kurintar we will leave by respective vechile to Ghale gaun which is the starting point of the trail and after 4 nights in the trail we will end our walk at Pakhurikot village.



During our walk we will be accommodated on the home of the local people in the sharing basis. This will provide us the opportunity to understand the life-style of the local people from the close. Every evening we will be gather in the community hall for the cultural show and interaction with the local of the vil-lages, participants from Nepal and International community. This will bring the three dimension together as the life in the village and city of Nepal is different as well as life in Nepal and other countries is different.



Every morning after breakfast and sharing best wishes to the family accommo-dating the participants we will start our journey and before lunch we will reach the next village, distribute the home and meet again at the community hall for the interaction program. As well as during our stay we will try to indulge our-selves in the day to day work life of the local and try understand them and their need in their own words.



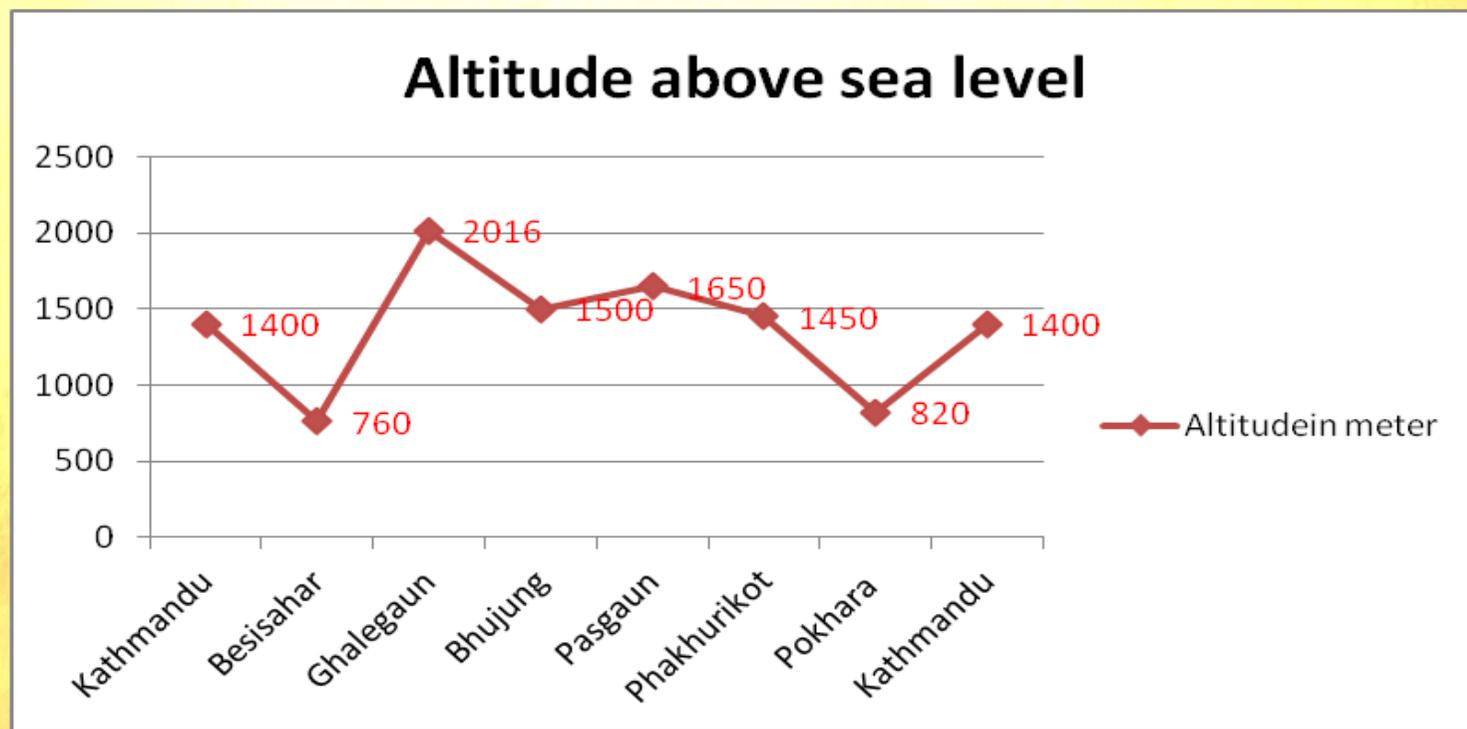


Pokhara: 2 Nights

Pokhara is known as the City of Lakes as it consist of seven lake under its territory and one of the most visited city by the domestic and international travelers. After the completion of the walk on the 7th evening we will reach Pokhara.

During our 1st evening at the pokhara we will take it easy and relax as we just completed our walk in the mid hills of gurung –ghale trail. In the 2nd day we will experience the monastic life of the monk and nun in the nearby Buddhis-monastery and explore the lake side of the city in the evening. In the following 3rd day at pokhara or 9th day of the event we will take flight back to Kathmandu.

ELEVATION OF THE DESTINATION:



BEST TIME TO TRAVEL:

March - May and September - Mid December

ITINERARY IN BRIEF:

Day 01: Kathmandu Arrival

Day 02: Kathmandu – Besisahar

Day 03 - 07: Besisahar - Ghalegaun - Bhujung - Pasagaun - Pakhurikot - Pokhara

Day 08: Pokhara exploration

Day 09: Pokhara – Kathmandu

Day 10: Kathmandu Departure

ACCOMMODATION:

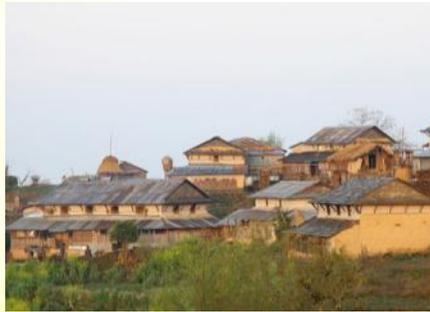
In Kathmandu valley and Pokhara you will be accommodated in 3 star category hotel in sharing basis



In Besisahar you will accommodated in the deluxe tourist standard hotel i.e. best of the destination in sharing basis



During walk in the trail you will guest in the various home of the locals



TRANSPORTATION:

All required transfer in private vehicle i.e. airport pickup and drop, Kathmandu to besisahar, and exploration in Pokhara.

Domestic Flight from Pokhara to Kathmandu

MEALS:

You will have all set of breakfast, lunch, and dinner in the city. During the walk in the trail you will have meals as per the designated home prepares for you while you are their guest.

Every household are trained by Annapurna Conservation Area to prepare hygienic and healthy food. Most of the vegetables and indigent used in the houses for the food are organic and from their own farms.